



Whyalla Aged Care Inc.

Resident and Volunteer Newsletter

October 2018



Lifestyle staff treated the residents with delicious ocean themed cakes at the Father's Day function held at Yeltana Nursing Home. See page 6 for more snaps.

Announcements

Welcome

We welcome all our newest residents and their families. We hope our services provide you with a positive experience in your new home.

Joyce Blackwell	Copperhouse Court
Robina Rolston	Annie Lockwood Court
Peter Baker	Copperhouse Court
Patrick Finnigan	Annie Lockwood Court



Resident Birthday Greetings October 2018

To all our residents who share a birthday in October, we hope your special day is filled with happiness and joy. Happy Birthday!

1 October	Sadie Marsh	87	Yeltana Nursing Home
2 October	Sylvia Record	92	Copperhouse Court
4 October	Elsie Carr	92	Copperhouse Court
6 October	Else Hermes	92	Yeltana Nursing Home
6 October	Agnes Pitts	93	Annie Lockwood Court
7 October	Eileen Buchannan	91	Annie Lockwood Court
12 October	Sandra Raven	66	Annie Lockwood Court
13 October	Susan Chaney	69	Yeltana Nursing Home
15 October	Marjorie Hill	89	Yeltana Nursing Home
23 October	Audrey Crack	100	Annie Lockwood Court
27 October	Minnie Hosking	85	Annie Lockwood Court
29 October	Patricia Thomas	80	Yeltana Nursing Home

Calendar of Events

Highlights of the Lifestyle Program - Dates to remember October 2018

If you have a request for an activity or outing, please let the Lifestyle Officer know or discuss your idea at your next Resident Meeting.



Annie Lockwood Court

- 12 October BBQ Celebrate Life Lessons Project
- 19 October Resident Meeting
- 23 October 100th Birthday Celebrations – Audrey Crack
- 25 October Beach Outing
- 26 October CHC Residents Visiting – Trivia Challenge

Copperhouse Court

- 10 October Antique Display with Peter
- 17 October George and the Chairman entertainment
- 24 October Resident Meeting
- 26 October Outing to ALC for Trivia Challenge
- 31 October Lunch Outing – New Whyalla Hotel

Yeltana Nursing Home

- 2 October Resident Meeting
- 4 October Jill's Dog Group Visit
- 5 October Reiki with Jade
- 16 October Lunch Outing – New Whyalla
- 18 October Biscuit Baking

New Menu – November

The new menu will commence 5 November and Service staff will be visiting all residents to ask for their preferences over the coming weeks. Some examples of new dishes include:

- 😊 Macaroni Bolognese with Garlic Bread
- 😊 Cheese and herb Omelette
- 😊 Bubble and Squeak Frittata
- 😊 Thai Chicken Salad
- 😊 Crumbed Sausages & Mash Potato
- 😊 Beef Curry & Rice
- 😊 Homemade Vanilla Slice
- 😊 Cinnamon Doughnut Brulee Pudding
- 😊 Jelly Tarts
- 😊 Panacotta and Blueberries

Cactus' Garden at Copperhouse Court

Rodney Grace (Cactus) has been busy in the courtyard of Copperhouse Court planting the lovely spring flowers and bulbs. Rodney has been planting pansies, daffodils, freesias, Elvis plant, gladioli, daisy bushes and they are putting on a lovely show.

Residents, staff and visitors are very happy with the garden as it makes them smile and encourages them to go out and enjoy the garden area and fresh air. Rodney has also purchased five new roses that he has placed in pots and soon these too will flower beautifully.



Annie Lockwood Court - Pirates

Annie Lockwood Court residents enjoyed a pirate afternoon with the children from Gabmiddi Manoo kindy.



Father's Day Luncheon at Yeltana

Father's Day was celebrated with an ocean theme and music by Graeme Stephenson (Just Me). Lifestyle staff decorated with the sea creatures and underwater decor and included delicious food to match. Residents and staff enjoyed the music, food and dancing.



Father's Day Celebrations at YNH



Aged Care Royal Commission – Message from the CEO

On Sunday 16 September, Prime Minister Scott Morrison announced a Royal Commission into aged care. This is an opportunity to engage in a much needed, constructive national discussion about the future of aged care, including how a society we will deliver the quality services our growing ageing population will need.

The first of a two part series on aged care ‘Who Cares?’ airing on ABC Four Corners commenced on Monday 17 September (can be viewed by ABC iView). There will be many distressing stories aired making complaints of poor quality care. We understand some of those will include issues with: quality of care, accreditation & complaints, profits, staff ratios and staffing issues.

We believe there is no room in our community for poor or inattentive care and we have zero tolerance for criminal abuse, assault or negligence.

At Whyalla Aged Care we are proud of the quality of care staff provide to our residents and we believe all older Australians should be able to expect this level of quality care.

Through our peak body Aged & Community Services Australia (ACSA) we will ensure our voice is heard in the debate that will follow and in the Royal Commission which will be undertaken in coming months.

ACSA has also developed an industry story telling platform: ‘**Humans of Aged Care**’ that aims to put some more balance back into the public portrayal and discussion of aged care by highlighting the positive stories about exceptional people working in aged care.

If you know of someone - whether a staff member or volunteer associated with Whyalla Aged Care who would be a good candidate to be profiled as one of ACSA's exceptional ‘Humans of Aged Care’ please nominate them by sending an email to info@humansofagedcare.com.au

In the meantime, if you have any questions or issues relating to the matters raised, please contact myself directly or your facility’s Residential Site Manager.

We at Whyalla Aged Care remain committed to providing the highest quality care and want to ensure open communication lines between management, residents and staff in what will no doubt be a challenging time for the industry over the next few weeks.

Juanita Walker
Chief Executive Officer
Whyalla Aged Care Inc



From the Auxiliary

Spring weather is upon us. I do hope you have been able to enjoy this.

Our last Stratco barbecue raised \$200.

The girls have been busy putting together our upcoming Christmas raffle. Tickets will be 50c again this year.

By the time you receive this newsletter we would have held our Spring Morning Tea and Fashion Parade on September 28. These functions have always been well attended, raising much needed funds. Thank you to our models, Uptown Girl, Whyalla Aged Care Kitchen and our members.

Our last fundraising for the year will be the Christmas Raffle.

Our Auxiliary sends birthday cards to our residents. In October/November two of our Residents will be 100 years "YOUNG" we do hope you have a lovely day.

Helen C

20 Years of Service

We congratulate carer Margo Glastonbury on achieving 20 years of service at Yeltana Nursing Home.

Pictured centre, Margo was recently recognised for her service and commitment to our Yeltana residents by Fran Power, RSM (left) and Juanita Walker, CEO (right)



Un-labelled Clothes

There are many un-labelled items of clothing at Annie Lockwood Court and Yeltana that cannot be returned to the rightful owner.

If you are missing any clothing, please ask staff to direct you to the un-labelled clothing where you can check for lost items.

Families are asked to assist by checking for any un-labelled clothing.

Any new clothes coming into the facilities must be labelled or you can arrange for Whyalla Aged Care to undertake the labelling for.



Lifestyle Raffle - WINNERS

The lifestyle team raised an amazing \$1000.00 to help fund resident activities. Congratulations to all the winners, the prizes were fabulous.

Winner was drawn by Yeltana resident Edna Nottle, pictured with Di Slaven from the Lifestyle team.

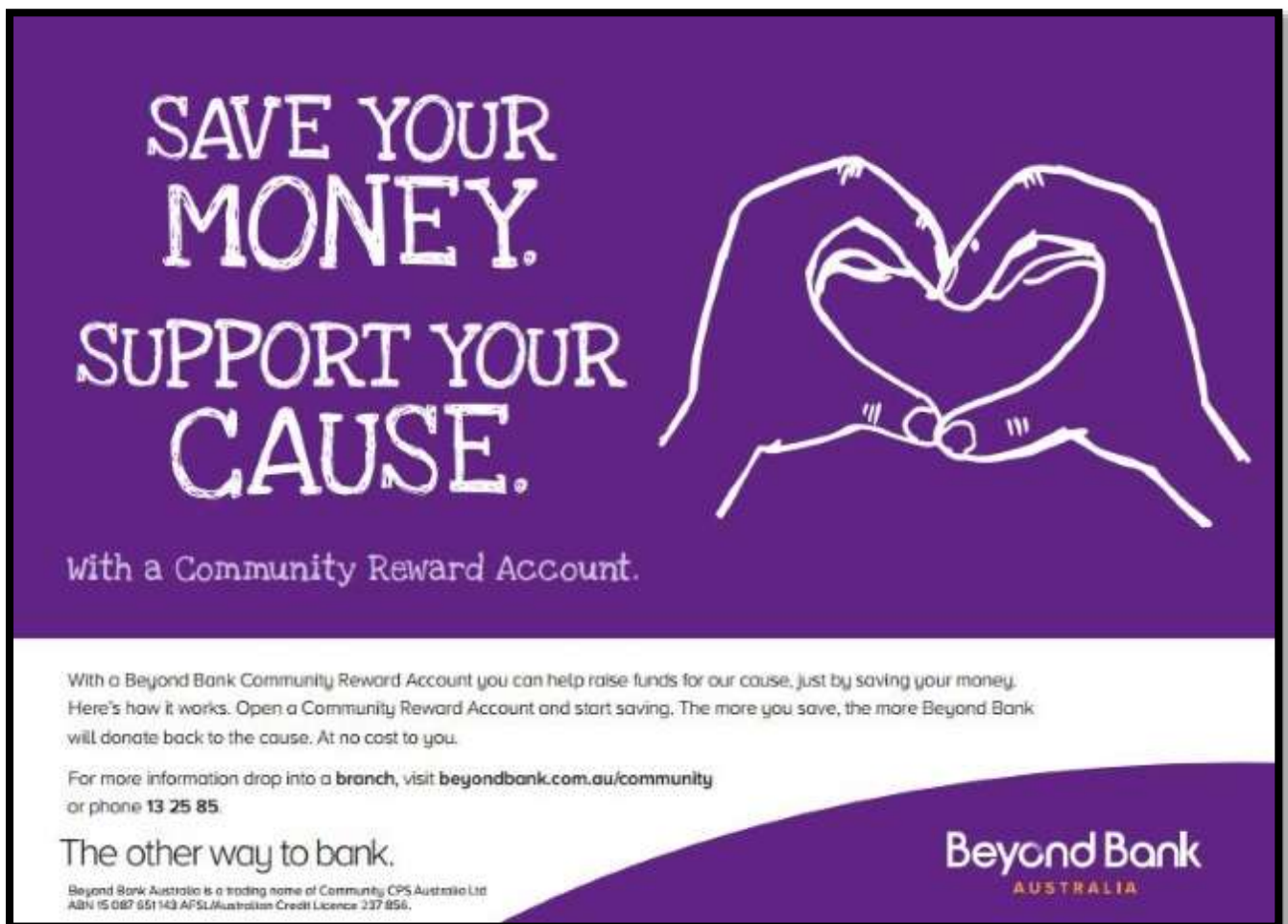
- | | |
|-----------------------|------------------|
| 1 st Prize | Janet Sawyer |
| 2 nd Prize | Gail Franklin |
| 3 rd Prize | Tyson c/- Deslea |



Thank You to Our Supporters and Beyond Bank

Thanks to our supporters, Beyond Bank has donated \$6698.79 to Whyalla Aged Care through their Community Reward Program. Nominate Whyalla Aged Care when you open a Community Awards Account. The more you save in your Community Reward Account, the more we receive as an annual donation from Beyond Bank, at no cost to you.

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Thank You from Copperhouse Court Staff!

The family of Copperhouse Court resident Barbara, showed their appreciation for the care given to their mother by bringing in some treats for the staff. The Copperhouse Court staff say thank you Frances for the delicious cakes!



Whyalla Aged Care Inc

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Feedback Compliments and Complaints

If you have any concerns in the residential sites please let the Residential Site Manager and/or the Clinical Nurse know immediately so it can be followed up in a timely manner.

To enable the organisation to deal with feedback appropriately there is a form that can be used to capture feedback from residents, clients and advocates:

'Have Your Say' brochure

This form has been designed for you to complete, however staff are available to help you.

You will find the brochure at the feedback stations in your facility.

Complaints and Compliments can be recorded on the brochure.



In Memory

Respectfully we advise the following resident has passed away and we extend our sincere sympathy to the family and friends.

Nola Graham
Eliza Cassetti

Yeltana Nursing Home
Annie Lockwood Court